



# 2011 Junior Canadian Weightlifting Championships

## Regina, Saskatchewan      January 22, 2011



### Men's 56kg, 62kg, and 69kg Class

Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch / Arrache			C&J / EJ			Total	Place	Sinclair
								1	2	3	1	2	3			
44	ROSE	Aaron	ON - A	M	1994	56	55.90	60	64	68	78	84	87	155	1	240.4932
32	VACHON	Nicolas	QB - A	M	1996	62	57.70	69	72	77	91	95	98	175	1	265.0370
4	LEVESQUE	Danick	MB - A	M	1994	62	61.80	60x	60	64	82	87	89	153	2	220.4097
23	LAN	Ryan	BC	M	1995	62	60.70	63x	63	66x	82	87x	88	151	3	220.3264
52	BASS	Patrick	ON - A	M	1993	62	60.60	72	77	80	95x	95x	96x	0	-	0.0000
6	POIRER	Mathieu	QB - A	M	1991	69	68.00	110x	110	115x	130x	130	138x	240	1	324.1996
49	ST. PIERRE	Roody	QB - A	M	1992	69	68.80	95	99	102x	120	125x	125x	219	2	293.6386
34	APLACADOR	Carl	ON - A	M	1993	69	66.90	85	90x	90	101	105	108	198	3	270.2968
1	WANG	Mark	ON - B	M	1993	69	68.60	85	88	91	100	103x	104	195	4	261.9416
57	KENNEDY	Zachary	AB	M	1995	69	66.70	63	67	70x	83	88x	88x	150	5	205.1707
42	BRENNAN	Chris	SK - A	M	1993	69	65.90	55	60x	60	75	78	81	141	6	194.3967
53	SANDERSON	Alfred	SK - A	M	1997	69	62.60	37	40x	40x	45x	45	48x	82	7	117.0677

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Women's 48kg, 53kg, and 58kg Class

Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch / Arrache			C&J / EJ			Total	Place	Sinclair
								1	2	3	1	2	3			
54	RUEL	Jessica	QB - A	F	1991	48	47.90	65	68	70x	75	80x	80	148	1	226.4549
31	DASILVA	Raquel	ON - A	F	1996	48	45.80	45	47x	47x	53	57	61x	102	2	162.5266
28	WALLACE	Sarah	SK - A	F	1993	48	47.60	33	36	38x	47	50x	52	88	3	135.4009
25	MALBOEUF	Marie-Julie	QB - A	F	1994	53	52.60	58	61	64	70	73	76x	137	1	193.7616
8	BILLEN	Helena	BC	F	1995	53	51.40	45	49	53	63	68	72x	121	2	174.3547
24	PICCIOTTOLI	Michelle	ON - A	F	1997	53	52.50	45x	45	47x	53	57	61	106	3	150.1457
29	JAMIESON	Christa	SK - B	F	1999	53	49.10	20	22	24x	25x	25	27	49	4	73.3741
36	BLAIS	Arianne	QB - A	F	1995	58	57.60	66	69	72	77	80	84x	152	1	200.7130
21	FINDLAY	Taylor	ON - A	F	1993	58	54.60	55	58	61	65	68	71x	129	2	177.2092
7	MOE	Janelle	SK - A	F	1991	58	57.60	44	47	50	57	61	65x	111	3	146.5733
14	MORENCY-LABRECQUE	Karol-Ann	QB - B	F	1991	58	57.40	65x	65x	65x	x	x	x	0	-	0.0000

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Women's 63kg, 69kg, 75kg, and 75+kg Class



Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch / Arrache			C&J / EJ			Total	Place	Sinclair
								1	2	3	1	2	3			
33	NGARLEM	Kristel	QB - A	F	1995	63	62.70	70x	70x	70	88	91x	92	162	1	202.0045
5	PROVENCAL	Virginie	QB - B	F	1991	63	61.10	62	65	68	82	85	88	156	2	197.8105
13	DANCEY	Samantha	SK - A	F	1994	63	60.60	37	40x	40	51	55	60x	95	3	118.4594
10	SANGHERA	Prabdeep	BC	F	1993	69	67.20	83x	83	88x	92	100x	100	183	1	218.8241
3	DANCEY	Stacey	SK - B	F	1993	69	68.60	37	40	43	51	55	60x	98	2	115.8311
11	SANGHERA	Snimerdeep	BC	F	1995	75	72.40	65	70	72x	80	84x	x	150	1	172.3055
26	SAHOTA	Manroop	BC	F	1994	75+	81.50	67	72	74x	83	88	90	162	1	176.4321
2	LOYST	Allison	ON - A	F	1992	75+	126.00	70	73x	74	84	88	91x	162	2	162.0000
9	PAULIN	Shela	ON - B	F	1993	75+	96.60	59	62	65x	73	77x	80x	135	3	139.2955
15	DERKSEN	Amanda	SK - B	F	1995	75+	84.80	40	45x	45x	58	61	65	105	4	112.6531

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Men's 77kg

Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch / Arrache			C&J / EJ			Total	Place	Sinclair
								1	2	3	1	2	3			
18	BOISCLAIR	Jerome	QB - A	M	1991	77	73.90	112	115x	115	145	151	157	272	1	349.1866
12	KROSCHINSKI	Quinton	AB	M	1991	77	76.80	114	117	120	140	146	148x	266	2	334.0674
37	MAZUR	Eric	MB - A	M	1993	77	72.90	86	90	92	110	115	118	210	3	271.7618
17	MAZUR	Sean	MB - A	M	1991	77	76.50	81	85	87	108	112	116	203	4	255.5043
27	CARTWRIGHT	Jacob	BC	M	1995	77	71.90	75	80x	80	95	98	100	180	5	234.8693
38	KING	Lucas	SK - A	M	1993	77	71.60	67	71x	71	90	95x	96	167	6	218.4572
55	PATERSON	Karl	MB - B	M	1993	77	74.40	71	75x	75	84	89	91	166	7	212.2729
16	DE HAAS	Stuart	AB	M	1993	77	71.60	63	67	70	83	87x	87	157	8	205.3760
50	SABAYLE	Khalil	ON - A	M	1993	77	75.80	88x	89x	90x	x	x	x	0	0	0.0000

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# 2011 Junior Canadian Weightlifting Championships

Regina, Saskatchewan

January 22, 2011



## Men's 85kg, 94kg, 105kg, and 105+kg Class

Lot #	Athlete Name		Team	Gender	YOB	Cat.	BWT	Snatch / Arrache			C&J / EJ			Total	Place	Sinclair
								1	2	3	1	2	3			
19	DUMAIS	Paul	QB - A	M	1991	85	84.90	145	151	155x	170	175	180x	326	1	388.4975
40	MAHEY	Harinder	BC	M	1991	85	80.30	115	122	125x	147	155x	155	277	2	339.5779
45	OUELLET-BLACKBURN	Francis	QB - B	M	1992	85	83.90	105	110	115x	140	145x	147x	250	3	299.6730
56	BAKER	Logan	ON - A	M	1993	85	81.60	102	107	110	135	141x	142x	245	4	297.8438
43	KISELBACH	Dylan	BC	M	1994	85	83.80	100	103	105x	117	120	123x	223	5	267.4670
47	LAING	Zachary	AB	M	1995	85	82.20	53	57x	57x	75	78	80	133	6	161.0795
30	HERRIDGE	Derek	BC	M	1992	94	91.90	120	125	132x	140	145	150x	270	1	310.1977
35	GONSALVES	Mikael	QB - B	M	1992	94	87.00	110	115x	115x	140	145x	145x	250	2	294.4490
41	SAMAYOA	David	SK - A	M	1992	94	85.10	105	110	115x	135	138x	138x	245	3	291.6338
46	SPENCER	Justin	ON - A	M	1994	94	85.10	103	110x	110x	133	141	143x	244	4	290.4435
51	BINNING	Chandveer	BC	M	1991	94	86.70	85	90	95x	110	115	120	210	5	247.7420
22	CARON	Christopher	MB - A	M	1993	94	88.20	82x	82	86	105	110	115	201	6	235.2252
39		David	QB - A	M	1992	105	102.10	108	113x	113x	140	145x	150x	248	1	273.2015

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# 2011 Junior Canadian Weightlifting Championships



## Men's Ranking list

Rank	Athlete Name		Team	Category	BWT	Total	Sinclair
1	DUMAIS	Paul	QB - A	85	84.9	326	388.50
2	BOISCLAIR	Jerome	QB - A	77	73.9	272	349.19
3	MAHEY	Harinder	BC	85	80.3	277	339.58
4	KROSCHINSKI	Quinton	AB	77	76.8	266	334.07
5	POIRER	Mathieu	QB - A	69	68.0	240	324.20
6	HERRIDGE	Derek	BC	94	91.9	270	310.20
7	OUELLET-	Francis	QB - B	85	83.9	250	299.67
8	BAKER	Logan	ON - A	85	81.6	245	297.84
9	GONSALVES	Mikael	QB - B	94	87.0	250	294.45
10	ST. PIERRE	Roody	QB - A	69	68.8	219	293.64
11	SAMAYOA	David	SK - A	94	85.1	245	291.63
12	SPENCER	Justin	ON - A	94	85.1	244	290.44
13	COURCHESNE	David	QB - A	105	102.1	248	273.20
14	MAZUR	Eric	MB - A	77	72.9	210	271.76
15	APLACADOR	Carl	ON - A	69	66.9	198	270.30
16	KISELBACH	Dylan	BC	85	83.8	223	267.47
17	VACHON	Nicolas	QB - A	62	57.7	175	265.04
18	WANG	Mark	ON - B	69	68.6	195	261.94
19	MAZUR	Sean	MB - A	77	76.5	203	255.50
20	BINNING	Chandveer	BC	94	86.7	210	247.74
21	ROSE	Aaron	ON - A	56	55.9	155	240.49
22	CARON	Christopher	MB - A	94	88.2	201	235.23
23	CARTWRIGHT	Jacob	BC	77	71.9	180	234.87
24	LEVESQUE	Danick	MB - A	62	61.8	153	220.41
25	LAN	Ryan	BC	62	60.7	151	220.33
26	KING	Lucas	SK - A	77	71.6	167	218.46
27	PATERSON	Karl	MB - B	77	74.4	166	212.27
28	DE HAAS	Stuart	AB	77	71.6	157	205.38
29	KENNEDY	Zachary	AB	69	66.7	150	205.17
30	BRENNAN	Chris	SK - A	69	65.9	141	194.40
31	LAING	Zachary	AB	85	82.2	133	161.08
32	SANDERSON	Alfred	SK - A	69	62.6	82	117.07
33	BASS	Patrick	ON - A	62	60.6	0	0.00
34	SABAYLE	Khalil	ON - A	77	75.8	0	0.00



# 2011 Junior Canadian Weightlifting Championships



## Women's Ranking list

Rank	Athlete Name		Team	Category	BWT	Total	Sinclair
1	RUEL	Jessica	QB - A	48	48	148	226.45
2	SANGHERA	Prabdeep	BC	69	67	183	218.82
3	NGARLEM	Kristel	QB - A	63	63	162	202.00
4	BLAIS	Arianne	QB - A	58	58	152	200.71
5	PROVENCAL	Virginie	QB - B	63	61	156	197.81
6	MALBOEUF	Marie-Julie	QB - A	53	53	137	193.76
7	FINDLAY	Taylor	ON - A	58	55	129	177.21
8	SAHOTA	Manroop	BC	75+	82	162	176.43
9	BILLEN	Helena	BC	53	51	121	174.35
10	SANGHERA	Snimerdeep	BC	75	72	150	172.31
11	DASILVA	Raquel	ON - A	48	46	102	162.53
12	LOYST	Allison	ON - A	75+	126	162	162.00
13	PICCIOTTOLI	Michelle	ON - A	53	53	106	150.15
14	MOE	Janelle	SK - A	58	58	111	146.57
15	PAULIN	Shela	ON - B	75+	97	135	139.30
16	WALLACE	Sarah	SK - A	48	48	88	135.40
17	DANCEY	Samantha	SK - A	63	61	95	118.46
18	DANCEY	Stacey	SK - B	69	69	98	115.83
19	DERKSEN	Amanda	SK - B	75+	85	105	112.65
20	JAMIESON	Christa	SK - B	53	49	49	73.37
21	MORENCY-LABRECQUE	Karol-Ann	QB - B	58	57	0	0.00



# 2011 Junior Canadian Weightlifting Championships



## Team Ranking List

### Female

Rank	Province	Points
1	Quebec - A	112.0
2	British Columbia	109.0
3	Ontario - A	98.0
4	Saskatchewan - A	69
5	Saskatchewan - B	69
6	Quebec - B	25
7	Ontario - B	23

### Male

Rank	Province	Points
1	Quebec - A	165
2	British Columbia	139
3	Ontario - A	95
4	Manitoba - A	90
5	Alberta	84
6	Saskatchewan - A	82
7	Quebec - B	48
8	Ontario - B	22
9	Manitoba - B	19



Lot #	Athlete Name		Team	
19	DUMAIS	Paul	QB - A	28
18	BOISCLAIR	Jerome	QB - A	28
40	MAHEY	Harinder	BC	25
12	KROSCHINSKI	Quinton	AB	25
6	POIRER	Mathieu	QB - A	28
30	HERRIDGE	Derek	BC	28
45	OUELLET-BLACKBURN	Francis	QB - B	23
56	BAKER	Logan	ON - A	22
35	GONSALVES	Mikael	QB - B	25
49	ST. PIERRE	Roody	QB - A	25
41	SAMAYOA	David	SK - A	23
46	SPENCER	Justin	ON - A	22
39	COURCHESNE	David	QB - A	28
37	MAZUR	Eric	MB - A	23
34	APLACADOR	Carl	ON - A	23
43	KISELBACH	Dylan	BC	21
32	VACHON	Nicolas	QB - A	28
1	WANG	Mark	ON - B	22
17	MAZUR	Sean	MB - A	22
51	BINNING	Chandveer	BC	21
44	ROSE	Aaron	ON - A	28
22	CARON	Christopher	MB - A	20
27	CARTWRIGHT	Jacob	BC	21
4	LEVESQUE	Danick	MB - A	25
23	LAN	Ryan	BC	23
38	KING	Lucas	SK - A	20
55	PATERSON	Karl	MB - B	19
16	DE HAAS	Stuart	AB	18
57	KENNEDY	Zachary	AB	21
42	BRENNAN	Chris	SK - A	20
47	LAING	Zachary	AB	20
53	SANDERSON	Alfred	SK - A	19
52	BASS	Patrick	ON - A	0
50	SABAYLE	Khalil	ON - A	0

Lot #	Athlete Name		Team	Gender	YOB
54	RUEL	Jessica	QB - A	F	1991
10	SANGHERA	Prabdeep	BC	F	1993
33	NGARLEM	Kristel	QB - A	F	1995
36	BLAIS	Arianne	QB - A	F	1995
5	PROVENCAL	Virginie	QB - B	F	1991
25	MALBOEUF	Marie-Julie	QB - A	F	1994
21	FINDLAY	Taylor	ON - A	F	1993
26	SAHOTA	Manroop	BC	F	1994
8	BILLEN	Helena	BC	F	1995
11	SANGHERA	Snimerdeep	BC	F	1995
31	DASILVA	Raquel	ON - A	F	1996
2	LOYST	Allison	ON - A	F	1992
24	PICCIOTTOLI	Michelle	ON - A	F	1997
7	MOE	Janelle	SK - A	F	1991
9	PAULIN	Shela	ON - B	F	1993
28	WALLACE	Sarah	SK - A	F	1993
13	DANCEY	Samantha	SK - A	F	1994
3	DANCEY	Stacey	SK - B	F	1993
15	DERKSEN	Amanda	SK - B	F	1995
29	JAMIESON	Christa	SK - B	F	1999
14	MORENCY-LABRECQUE	Karol-Ann	QB - B	F	1991

<b>Cat.</b>	<b>BWT</b>	<b>Total</b>	<b>Place</b>	<b>Sinclair</b>	
48	47.90	148	1	226.4549	28
69	67.20	183	1	218.8241	28
63	62.70	162	1	202.0045	28
58	57.60	152	1	200.7130	28
63	61.10	156	2	197.8105	25
53	52.60	137	1	193.7616	28
58	54.60	129	2	177.2092	25
75+	81.50	162	1	176.4321	28
53	51.40	121	2	174.3547	25
75	72.40	150	1	172.3055	28
48	45.80	102	2	162.5266	25
75+	126.00	162	2	162.0000	25
53	52.50	106	3	150.1457	23
58	57.60	111	3	146.5733	23
75+	96.60	135	3	139.2955	23
48	47.60	88	3	135.4009	23
63	60.60	95	3	118.4594	23
69	68.60	98	2	115.8311	25
75+	84.80	105	4	112.6531	22
53	49.10	49	4	73.3741	22
58	57.40	0	-	0.0000	0